

KIDS COPING SCALE

WHEN YOU HAVE HAD A PROBLEM OR SOMETHING HAS GONE WRONG, WHAT DID YOU DO?

Please circle HOW OFTEN you did the following?:

- | | | | |
|---|--------------|-------------------|--------------|
| <i>1. You tried to think of different ways to solve the problem</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>2. You did not want to think about it</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>3. You thought about what others might do</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>4. You tried your best to make things better</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>5. You avoided the problem or where it happened</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>6. You asked someone to help</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>7. You tried hard to fix the problem</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>8. You did things to stop thinking about it</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |
| <i>9. If it was your fault you would say that you were sorry</i> | <i>Never</i> | <i>Some times</i> | <i>A lot</i> |